

Numbers will be at HQ. Free Refreshments on return of number

RXX?XX COURSE DESCRIPTION

Rxxxx - START at Lamp Post 101 on the B4242 (old Vale of Neath Road) approximately 300 yards south-west of link road to A465 rbt at Resolven (commonly called Resolven 'T' junction). Proceed south-west on the B4242 through Abergarwed and Ynysarwed onto the 'Rock and Fountain' climb to Aberdulais to the junction with the A4109 (3.4 miles) where turn left with care. Continue south-west on the A4109 through Aberdulais to the Aberdulais Interchange where turn left onto the slip-road (4.0 miles) down to the A465 eastbound. Continue north-east on the A465 to Resolven rbt (8.5 miles) to take the 2nd exit along the A465 to Blaengwrach rbt (11.5 miles). Bear left along cross valley link road to the junction with B4242 (11.7 miles) and turn left onto the B4242 and proceed south-west to finish Lap 1 (of 2) at the "30" mph speed limit sign at the eastern end of Resolven.

Lap 2 - Proceed south-west on the B4242 past the start (15.3 miles) and continue through Abergarwed and Ynysarwed past the 'Rock and Fountain' climb to Aberdulais to the junction with the A4109 (18.3 miles) where turn left with care. Continue south-west on the A4109 through Aberdulais to the Aberdulais Interchange where turn left onto the slip-road (19.4 miles) down to the A465 eastbound. Continue north-east on the A465 to Resolven rbt (23.8 miles) to finish at the entry point of the first lay-by after Resolven (25.0 miles).

All riders are asked to comply with the following requests

DO NOT park or stop your car within sight of the starting or finishing timekeeper.

DO NOT leave your number flapping - four pins are supplied for each - **USE THEM**

DO NOT allow your friends and relations to follow you around the course - it's not allowed.

DO call your number to the finishing timekeeper or your time may not be recorded.

DO keep your head up, be aware of your surroundings and **HAVE A SAFE RIDE**

Important Notice to all Riders

The WCA, CTT and Police all recommend the use of a good hard-shell helmet manufactured to internationally recognised standards.

For ALL Riders under the age of 18 these helmets are COMPULSORY.

Marshall's will be positioned around the course they are there to show you the way, they have no authority over the traffic.

Please Note the use of Rear Facing and Forward-Facing lights are now Compulsory

Please note we are not allowed to place direction arrows on the Dual Carriageway, please ensure you are familiar with the course, so there are no surprises. It is the Riders responsibility to ride within the laws of the road and with consideration to other road users, please do so

Any complaints regarding the event must be made in writing to the Event Secretary within 24hrs.



Port Talbot Wheelers CC.

In Conjunction with its sponsors

CJ Construction Wales Ltd. and Lyndonjones@hotmail.co.uk

Present

4up 25 Mile Team Time Trial

Date: 20th June 2024

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Starting Timekeepers – Tony Howell

Finishing Timekeepers – Tony Howell

Recorder – Shirley Howell

Course RXX/XX

First team starts 18:24

Headquarters.

TRW Social Club. Just off the A465. Off Resolven Roundabout SA11 4HN.

The headquarters will be open at about 17:00 and race numbers will be available from 17:15.

Please do not park outside the HQ building as this is to be used for the regular special needs group that attend the TRW Every Thursday. There is ample parking in the large carpark outside the Ranch Café that is closed on a Thursday Evening

Event Secretary:

Geraint Evans, 24 Ynys Street, Port Talbot, SA13 1YW

Mobile 07891 850952

PLEASE REMEMBER IT IS NOW A REQUIREMENT TO SIGN OUT AT THE END OF THE EVENT



We appreciate you wish to leave quickly, but please stay to eat cakes and applaud the prize-winners

Prizes	
First Club team	£80
First Composite Team	£80
First Ladies Team	£80

